Consumer Credit Counseling Service of NH & VT
Toll Free: 800-327-6778
www.cccsnh-vt.org

Flexible Daily Expense Chart

This chart is designed to help you track your spending. Label the columns to fit your individual needs. Include any expenses where you use cash, your debit card or a credit card. Some examples might be Gifts, Eating Out, Video Rentals, Prescriptions, Personal Care, etc. Try to be specific instead of using only general categories. An example would be including Groceries, Lunch Out & Pizza instead of just Food. This will help you recognize patterns more easily. Remember to record all of your expenses each day, even those that seem too small, like a cup of coffee. Tracking these expenses will help you identify spending habits and provide budgeting assistance and the opportunity to plug spending leaks.

Date	Groceries	Gas										
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Totals												
Budgeted												
Over/Under												